

Attention Chef!

I have a severe allergy to _____.
A life-threatening reaction could occur if I eat this or related ingredients, including:

To help me avoid a severe reaction, please:

- Be sure my food doesn't contain these ingredients.
- Prepare my food away from dishes with these ingredients.
- Clean any surfaces used to prepare these ingredients.
- Wash any pots, pans and utensils before preparing my food.

Thank You!

Attention Chef!

I have a severe allergy to _____.
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